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Race Day Instructions

- Print and cut out this race bib to wear on race day October 3, 2020.
- To make sure your miles are counted on race day, request access to the Forrest Stump Strava Club before October 3rd. Instructions can be found in the virtual race day packet.
- Record your workout using Strava. Either record miles using the Strava App on your GPS enabled smartphone or smartwatch, or manually input them to the Strava App or website.
- Share the fun! Upload your race day photos and videos to Facebook and Instagram and tag us @runforreststump.
- Have fun, stay safe, and stay healthy! Thank you for your support.